



University of the
Highlands and Islands
Oilthigh na Gàidhealtachd
agus nan Eilean

REFLEXIVE VIDEOS - ADVANTAGES OF THE E-PORTFOLIO SYSTEM

*“It is really good to get things out in a safe and non judgemental manner, certainly
frees the mind”*

(GA student 2022)

OUTLINE OF THE SESSION

- Welcome and Introductions
- The introduction of reflexive videos
 - How they were introduced
 - How it felt to do a video reflection for the first time
- The benefits of using the video for reflection
 - Time
 - Openness
 - Free thought
 - Connection
- The e portfolio space and accessibility for all
- Moving forward with video notes – how to develop further connectivity across all aspects of online learning



WELCOME AND INTRODUCTIONS



Julie Jones –
Programme Lead
BA GA Early Learning
and Childcare
(GAELC)



Jaclyn Thomson –
3rd year GA ELC
student



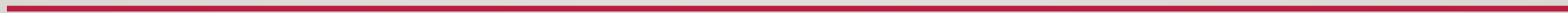
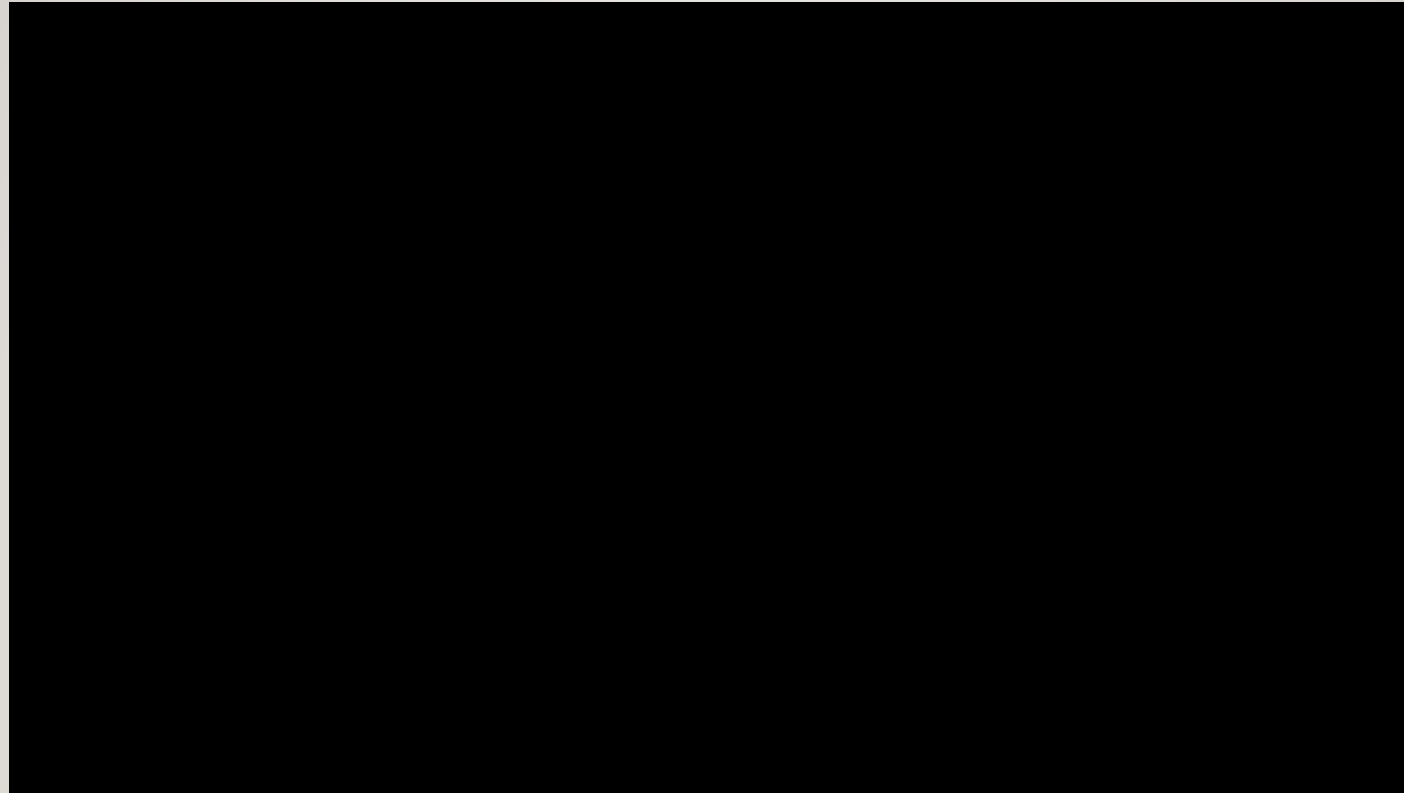
Beth Beazley –
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THE INTRODUCTION OF REFLEXIVE VIDEOS

Self management	Social intelligence	Innovation
Focussing	Communicating	Curiosity
Integrity	Feeling	Creativity
Adapting	Collaborating	Sense making
Initiative	Leading	Critical thinking


Skills Development Scotland – Meta Skills, Skills for the future

BEING PARTNERS IN LEARNING



A collection of yellow dice scattered on a light-colored wooden surface. Each die is marked with a different emoji face, including expressions of happiness, sadness, anger, and surprise. The dice are arranged in a somewhat circular pattern around the central text.

HOW DID IT FEEL TO
DO A REFLEXIVE
VIDEO?



“Technology is seen as a key means of facilitating a learner’s exploration and construction of knowledge” (Selwyn 20011,p74)

**THE BENEFITS OF USING THE VIDEO
FOR REFLECTION – TIME**



THE BENEFITS OF USING THE VIDEO
FOR REFLECTION - OPENNESS





THE BENEFITS OF USING THE VIDEO FOR
REFLECTION – FREE THOUGHT AND
CONNECTION





THE E PORTFOLIO SPACE – ACCESSIBILITY AND SUSTAINABILITY FOR ALL

A child is seen from behind, walking through a forest. They are wearing a light blue long-sleeved shirt with yellow polka dots and bright red overalls. The child's right arm is raised, and they are wearing a green wristband. The background is a dense forest with sunlight filtering through the trees. A dark semi-transparent banner is overlaid on the lower half of the image, containing the text.

MOVING FORWARD WITH VIDEO NOTES



ANY
QUESTIONS?

