University of the Highlands and Islands
Oilthigh na Gàidhealtachd
agus nan Eilean

#UHIMentoring

Learning and Teaching Enhancement

Research

ALPINE
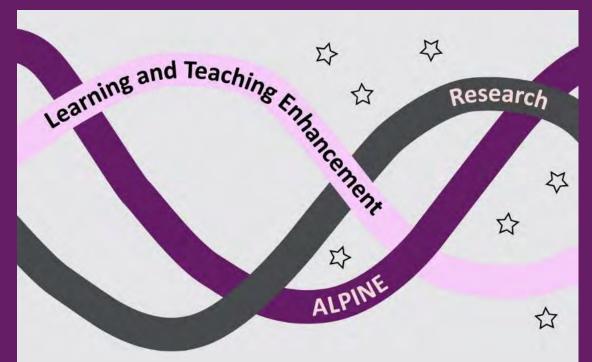
Mentoring for the University Mentoring Scheme

Developing your mentoring and coaching skills

Wednesday 28 – Thursday 29 August 2019

This **two day residential** in Inverness will support and develop mentoring skills through hands on workshops with external and internal facilitators.

Open to aspiring mentors and mentors already registered on the University Mentoring Scheme.

Programme

Wednesday 28th August

An Lochran Learning Lab, Inverness Campus

10:00 – 10:30   **Setting the scene**
Presented by Alex Walker and Ann Tilbury
Alex and Ann will provide an overview of the University Mentoring Scheme and share results from a recent evaluation of scheme to date.

10.30 – 11.00   **Practical Exercise**

11:00 – 11:15   Break

11:15 – 12:45   **Mentoring Experiences; a panel with mentors and mentees on the University Mentoring Scheme.**
ALPINE: Anne-Marie Nuttall, Inverness College UHI and Andrew Rae, Executive Office UHI
Research: Finlo Cottier, SAMS UHI and Helen Bailey, Division of Rural Health and Wellbeing Executive Office UHI
Learning and Teaching Enhancement: Fiona Gunn, Inverness College UHI and Nikki Yoxall, Moray College UHI

12:45 – 13:45   Lunch and networking

13:30 – 16:30   **Techniques for Mentoring**
Facilitated by Alex Walker and Ann Tilbury

Working in groups of 3 we will explore a range of techniques for mentoring conversations.

14:45 – 15:00
(Break)

16:00– 16:30   **Signing up to the University Mentoring Scheme**
Travel to Hotel
Networking Dinner

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Programme

Thursday 29th August

An Lochran Learning Lab, Inverness Campus

10:00 – 11:15	**Keynote: Dr Kay Guccione, Glasgow Caledonian University** *The importance of creating a culture of mentoring*
11:15 – 11:30	Break
11:30 – 13:00	**Putting the learning into practice: Exploring Case Studies** *Facilitated by Melanie Smith, Ann Tilbury, Alex Walker and Kay Guccione* *Working in groups of 3 to explore mentoring scenarios and using your techniques from day one put them into practice*
13:30 – 14:30	Networking Lunch

An Lòchran

An Lòchran

10 Inverness
Campus
Inverness
IV2 5NA

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Presenters

Melanie Smith
Head of Research Development, Inverness College UHI

Melanie leads the research mentoring strand on the university Mentoring Scheme. She has over 20 years experience of lecturing and research, and has led the development of research at Inverness College UHI since 2003. She has considerable experience of mentoring practice, working with staff at various stages of their careers, and with research postgraduates. She is a Senior Fellow of the HEA and has mentored others to gain accreditation.

Melanie's research background is in landscape ecology and palaeoecology, and conservation and natural resource management. She is a Senior Fellow of the HEA and is currently undertaking the ILM Executive Coaching and Mentoring diploma.

Ann Tilbury
Academic Skills Advisor, The Learning and Teaching Academy UHI

Ann's professional background is in human resources and learning and development, with previously experience at Birbeck College, University of London and the BBC. In 2011, Ann joined the Educational Development Unit as Academic Skills Developer to lead the provision of skills enhancement opportunities for teaching staff engaged in EDU projects.

In April 2018 Ann joined the Learning and Teaching Academy with a remit to take forward learning and teaching professional development. This includes leading on the learning and teaching enhancement strand of the mentoring scheme; taking forward the engagement with academic partner colleges to support learning and teaching enhancement and the implementation of the graduate attributes.

Ann is interested in leadership theory and practice particularly in the tertiary education sector. She completed a Masters in Leadership and Management in 2015 and a Post Graduate Certificate in Teaching and Learning in Tertiary Education in 2016. She is a Senior Fellow of the HEA and has mentored others to gain accreditation.

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Alex Walker
Professional Development and Recognition Lead, The Learning and Teaching Academy UHI

Alex coordinates the University Mentoring Scheme which offers a range of mentoring opportunities for university colleagues through three distinct strands, comprising Research, Learning and Teaching Enhancement and ALPINE. As well as coordinating the scheme Alex is the lead for the ALPINE strand.

Alex also coordinates ALPINE (Accredited Learning, Professional Development and Innovation in Education) and supporting applicants throughout the ALPINE application process, as well as organising, facilitating and coordinating events which promote and support good practice in research, and learning and teaching across the university.

Alex has worked supporting research, learning and teaching in education since graduating with a BA Hons at Robert Gordon University, Aberdeen in 2003. In 2015 she completed a ILM Level 3 award in Leadership and Management and in 2014 a level 2 CIPD certificate in Training Administration and is currently working towards a PgCert in Tertiary and Higher Education. Before starting at the university Alex worked at the University of Aberdeen. She is a Associate Fellow of the HEA and has mentored others to gain accreditation.

Kay Guccione
Glasgow Caledonian University

Dr Kay Guccione is a specialist in the design of mentoring and coaching programmes for academic development. She is a Principal Fellow of the HEA and a National Teaching Fellow, recognised for her work in developing cultures of good mentoring practice and for integrating a coaching skill-set into the academic repertoire. She has published articles on trust and PhD supervision, concepts of 'value' in the doctorate, and on the experiences of early career academics who succeed in gaining fellowship funding. Her book, Taking Control of your Thesis: a guide to get you to the end, is based in her experience of leading a Thesis Mentoring programme supporting over 700 doctoral thesis writers.

Kay's blog, https://supervisingphds.wordpress.com, is dedicated to discussing good practice in doctoral supervision and tutoring. Kay is joining Glasgow Caledonian University as a Senior Lecturer in Academic Development from July 2019.

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